

Dialogue on Awakening to the Nature of Being

PART I

Introduction:

The purpose of this course is to assist you in understanding the true nature of your being and, in so doing, awaken you to the already awakened state of who you are.

It's to awaken to the already state of being awake. It's a paradoxical statement. This course is about awakening each one of us to that state to help us realize that we're already what we're looking for. And when we can do that, believe me, something snaps inside of us, and the anxiety, the drive, the frustration, and everything else around this idea of finding ourselves just stops. And all of a sudden we breathe for the first time and remember who we are.

It will help you understand yourself as an extension of God-Mind in expression, and that you are co-creator AS this God presence. Your life's purpose is to know, to think, and to feel God Life, and to express that through the fulfillment of the Divine Plan that's written in your heart. It's like a book. We talk about the Book of Life, it's written here. And, I have actually seen a book in meditation. It's a book of Life; it's like a code. We're all coded with an internal, eternal message. And it fills our being. And it's that code that keeps pushing and knocking and the driving force for us to understand more of who we are. I guess the greatest wisdom that was ever written was over the Greek doors of Apollo, "Know Thyself." Beloved, know thyself. It sets us free.

Your destiny is joy and happiness, peace and love, and abundance of all good life. The fulfillment is contained within that desire, and that's your destiny. So, you are headed for heaven -- in the earth. All else is your perception of life mirrored through the effects of your mind creation.

At some point in the course, you will shift from a consciousness of mind creation governed by law, "Thoughts held in mind produce after their kind, create after their image and likeness, Whatever we think we become, As we sow, we reap, What we give we receive". That is the basic law of mind creation. Every single thought that we think is going forth as a creative energy and drawing forth into our experience into the image and likeness of itself. That's mind creation through law. That is perfect.

There is another type of creation, and that is the Law of Grace Creation. That is creating from the nature of the seed that's encoded in your soul that takes no hold of a thought. The seed is holding you. The Divine Plan is holding you. And so, when you totally rest from that energy of, "I've got to hold this thought in order to make this happen", then that gives the seed the water and the nourishment that it needs and the "son-light" to come forth and to sprout and to bear fruit after the image and the likeness of that which is coded in you. And that's Grace! That's creating

through a mindset and a heart set of Grace unfolding. And that's what you are really destined to move into.

Ironically, you have to understand both law (creative process) and the fulfillment of the law which is Grace. Without understanding the creative process—that what you hold in your mind and what you think about comes about, then you wouldn't be able to understand the fulfillment of the law as Grace unfolding that which is God mind holding you. God mind *is* the creative process/law. When left to its Isness, God mind produces after it's kind...image and likeness of your Original Design and all desire therein. Very subtle little expansion of awareness here. But if you can grasp this understanding, it will collapse all the anxiety, striving, and struggle of trying to make things happen. The creative process then becomes an allowing of all that is and of all that is pre-coded in the soul of the God Life you are. The message of God mind is, "I don't need your assistance, just no resistance."

As we look around, we see that the nature of God is in constant creation. I have a timeline chart that shows the exponential progress that we've made in discovery and bringing about infinite possibilities of creation within the last one hundred years. This statement blows my mind. "We have uncovered/discovered more in the last ten years than we have in the last two billion years of our existence." And it's going to continue to exponentialize, because God Mind, as us, is infinite in its wisdom, its understanding, and its nature to create.

The Search is Over –

It is possible for the search for self to end today, if you so choose. You are invited to abandon the exhaustive search. The efforting, the spiritual I-hoping from one guru to another, one theology to another, one spiritual practice for another. If all the things you have experienced and perceived to be true from your search were of importance in your awakening process, then why haven't they worked?

The paradox is that every single step you have taken has been an important step. If you had not done all that seeking, you more than likely would not now seek to be seekless.

There is no journey. There is nothing to find. And, out of the other side of my mouth, I will say there is an eternal journey—the journey of remembering something that always has been and always will be forever. We are eternal in Christ, eternal co-creators in God, and our nature to create always unveils more of the known to the Knower that we are. It's a marvelous circle of awareness, awarenessing. And ask yourself this: "Who took the steps, who did the seeking? I. The "I that is" did. The one who you were looking for is the one who was looking.

The True State of Being

A person asks, "How do I get my bloated nothingness out of the way?" Before this course is over, you will realize the "nothingness" will go away, because nothing, by its own definition, is nothing -- the bloated nothingness. (Referring to The Never Ending Story) What's consuming the world? The nothing is coming. The nothing. And when we lay the nothing down, it just becomes what it is, nothing, no thing.

I love this quote from the book, *Dialogue on Awakening* (“DOA”): “The state of your being remains forever unaltered. That is why it is easy for me to assure you that the reconciliation/reconnection that you seek will come. And this quandary that seems to be overwhelming you at the moment will fall away. You have never changed. The essence of you has never changed. You are as the Father created you, and you just haven’t let yourself remember it. You may be also very thankful that there is nothing you can do to change it.” DOA by Tom and Linda Carpenter p. 5

There’s nothing you can do to change that which has never changed and never will change. There is an infinite number of thought processes that you can change; infinite number of beliefs that you have in your mind that you can change, but you can never change the mind that changes the belief itself. You can never change the mind that thinks on these things. It’s perfect. And that’s what is meant by “Be ye therefore perfect.”

The real, the true, eternal, the part of you that has eternal life is the mind of God, is God Mind as your mind, and we all share that mind. That mind that is sitting on each seat on each row is the same mind. Now, what your mind thinks about is totally different from your neighbor. And that is your gift. That is your gift of freedom, to use the “mind that is” in any way, shape, or form that you choose. So, you’re already awake. That’s what it means in any book when it says, “You’re already awake.’ If you are here and you are aware that you are aware, then you’re already awake.

There is nothing you can do to alter your being. This is called Saving Grace. The state of your being remains forever unaltered. You have never changed. So the affirmation to use for this course and for the rest of your life is “There is nothing I can do to alter my being.” Don’t get depressed over that. This is good news.

The question is “Who or what is the being that remains forever unaltered? Who or what has never changed? Who or what is the state of being that can never be altered? Who is the being? That’s what you’re looking for. The answer is, “The I that is”. But who or what is “the I that is”?

“God is Mystery”

The more you awaken to the realized awakened state, that there’s nothing you can do to alter your being, that which God is becomes more of a mystery to be revealed. It’s wonderful then to view life and its creation and its experience as this wonderful, ever moment-by-moment on-going mystery being revealed. And so God will always be mystery, but being revealed.

To try to understand the “I that is”, we are going to learn about the “I that is” within the trinities within the trinities within the trinities. And the first trinity (from the *Kybalion* by the Three Initiates) gives you seven basic principles of God in creation. The whole existence of humanity falls within these seven principles. In Unity, we teach usually only about two of them. This will help you bring together a greater understanding of the creative process within you.

First Principle:

The Principle of Mentalism states that “All is Mind”. The Universe is mental. Everything that is - is mind, God Mind.

The Principle of Correspondence states, “As Above So Below. As Below, So Above”. And that helps us understand the principle, the Law of Cause and Effect, “As it is in mind, so it is in manifestation. As it is in the mind, so it is in the body.” The higher energy vibration always equals its manifestation in the lower vibration.

The Metaphysical Trinity: “Metaphysically, All is God, God-Mind”. Within mind then, (and we don't know how this happens, and this will always remain a mystery), there is born or given forth a Divine Idea birthed out of Infinite Mind. That idea then comes into expression. And then we have the expression trinitized in the Divine Idea for human kind, which is you and me as Father/Mother God within. Son, being the Christ idea, and Holy Spirit, being the moving force/energy of Infinite Mind, brings the idea of the Son into manifestation. And so, we teach in Unity about the Son being the Divine Idea for the Christ, and then each one of us is an infinite Christ presence, filled with God Mind. And, therefore, following in the footsteps of Jesus the Christ, (who was awake to his state of being, his true state of being), His mind was not cluttered by the effects that the infinite mind had created as we are. And we're buying into the effects to find out who we are. We keep looking to our creations to find out who we are. We're not! We're the mind that can create anything.

And then within us, this Holy Spirit is known as the Spirit of God within us, it's the threefold nature of being, we say that we are Spirit, we are Soul, and we are Body. So we are spirit. That spirit is the whole spirit of God, the Holy Spirit. And the Holy Spirit gives birth to the soul. We speak of our soul as being the eternal life within us. The definition of soul is “the entire spectrum of awareness” (strictly Unity). When you leave this realm, we talk about the eternal life of the soul. It does, it goes on forever. If it is the entire spectrum of your awareness -- think on these things -- then it not only contains your spirit and what the spirit is aware of within you in its purest state, but it also takes with it little no things that we have come to believe, and we go with that.

Mind, Idea, and Expression gives birth to Father/Mother God as the Infinite Idea of the Son in us, bringing it into expression through the Holy Spirit, known within us as the Spirit of God evolving the soul, the entire spectrum of awareness of that spirit and the body.

Trinity of Consciousness –

Soul is defined as the entire spectrum of awareness or consciousness. In the study of consciousness, it is accepted by almost all scholars that there are three phases of mind functioning as consciousness or awareness within human kind. These three phases of mind are:

Superconscious, Subconscious, and Conscious. And that aspect of you that sits there in that chair, aware that you are sitting there in the chair, is God Mind, functioning in all of its three phases. No need to make this complicated. It's God Mind in three phases of vibration,

Superconscious being the absolute pure awareness. There's nothing there but God I am. I is. The "I that is" is the Superconscious phase of our mind. The subconscious phase of our mind is functioning as Memory, storehouse, remembering all that there is to remember about the "I that is". And, remember what the conscious phase of mind is aware of, because the conscious phase feeds the subconscious, and the Superconscious feeds the subconscious.

Now, as long as the conscious mind is functioning the way it was meant to function, there's no problem, but it's not. What is the true function of the conscious mind? Charles Fillmore; co-founder of Unity, says, "Its function is to receive impressions from the Superconscious mind and act upon them." So, Jesus says, "Be still; take no thought; know that I am God; Listen."

This is the fall. We've put the conscious phase of mind in the position of the Superconscious, and it's the guiding light. And it's showing us many illusions, because it only sees the creation, the outer expression. And so it believes what it sees to be the nature of reality. And, as long as it believes that, it keeps feeding that belief in the subconscious. Thoughts held in mind, infinite subconscious, regenerative mind. It has no volition of its own creates after the image and likeness of itself. And so we have our experience of life.

And so, we've been all about reversing that. That's what the fall is. Remember Adam and Eve in the Garden, having the download come like it should from God, God spoke. They listened, they acted. God spoke, they listened, and they acted. Then all of a sudden, one of them decided there is something we were told not to do. We did what we decided to do at the conscious level instead of listening to the Superconscious level within. That's the fall. Metaphysically, that is the fall. And every time we move on impulse from a conscious level of "This is the way it is out here, so I must go there and fix it", then we get more stuff to fix, usually, instead of being still, taking no thought, emptying the vessel, pivot the conscious mind to its original position, look inward, be still, and listen. The frustration comes in because we've fed so much to the subconscious mind that we can't hear the Superconscious phase of mind, so we give up the prayer techniques. I encourage you to stay with it, and every time your mind wanders into a thought or something that the subconscious holding that brings it up for you to see, say "that's interesting". Just let it go by. Take no thought; let it go by. And, finally, if you just stay focused, the more you focus, the vibration of your energy speeds up; it spins. You can't see it, but it's spinning so fast until finally there's a breakthrough, and we start to hear the voice of Spirit that YOU are, not the memory in the subconscious that you think you are, but the truth from the Spirit that YOU are. That's the purpose of prayer in a nutshell.

When you focus, that stills the mind. Focus stills the mind. Focus is present. Focus is now. Then, that's when you wake up to knowing that you are. Religion has nothing to do with God. Nothing.

Let us address the original question now, "Who or what is the "I that is"? Can we now see the "I that is" is consciousness, period? It is the entire spectrum of awareness. It is the Knower within. Can we change that aspect of ourself? Can we change the Knower? No. Can we alter it in any way, shape, or form? No. We are the Knower.

Now, *what* we know and *that* we know are two different things. What we know is transient and may or may not be in alignment with the true nature of being. That we know is eternal. That's why God asked God's name, and God said, "I am that I am." I am that. It's the "That I am". I am the Knower. I am not *what* I know, but we think we are what we know. And if what we know is not in alignment with what society thinks is proper, cool, in, acceptable, then we break our necks to change our lifestyle to fit into what society as a whole thinks "okayness" is. That's fine. It's just another mind creation, because society uses the same mind everybody does. And they create all this stuff. But, as long as we buy into that, we're going to be miserable. Because what happens is that some of us can't afford what's in style, according to society. Does that make it God or not God? All is God. All is Infinite Mind. But then the mind of some individual expression of itself, God said "Hilfiger" and created that. And of course it's God! It's the pantheistic view of God is in all. But then we decided, because it cost so much, and if we have it, that made us more popular. That has nothing to do with who we are. We're nothing. That's why it would behoove each one of us if we had a million dollars to give it away. Then you'll find yourself.

The DNA of Consciousness

This is what you have inherited, your DNA, Divine Nature Attributes. The "I that is" is not only the Knower, but as the entire spectrum of awareness, it is the Thinker and the Feeler as well. Do you think? Therefore, I am. Do you feel? You've found God. Do you feel? It doesn't matter *what* you feel, do you feel? That's who you're looking for. That's who YOU is. That's who the "I of you" is. Can you feel? Yes, I feel. I am the Feeler. I think. That's who you're looking for. You all think. You all feel. You all know. That's God. And you all think different things; you all feel different things, and you all know different things. That's God too. And, as long as you buy into what is okay about the things you think, you feel, and you know, that's going to make your life miserable. It's that simple.

Mind creation then gives you the power. . . But no matter where the focus of my mind is, there I am also in my experience, because it brings unto me – that is the nature of the creative principle of life inside of me. Don't like what you created? Change your mind – the content of your mind. You can never change your mind, but you can change the content of it. It is really that simple. It is so simple we have missed it.

The Knower can be subcategorized into a trinity of knowing as follows:

Intuition, Memory, and Desire.

Now, when you are receiving from the "I that is" and intuiting, knowing, and not knowing how you know, you are Intuition.

And when you think of yourself as Memory, can you remember?

It's my opinion that the cause of Alzheimer's disease is because what we remember is so painful that we can't look at it anymore, and that is our escape hatch.

But we are Memory. And what we remember... Memory is memory. And what you remember is different from memory – that part. In Alzheimer's, I am saying that we've shut down the "what" in memory in this field of energy, in earth field of energy, because it's too painful. We have identified ourselves with what is in memory, not with Memory itself. We've identified ourselves with what we think, but not with the Thinker. There's such a big difference there.

And Desire, we are Desire itself. What we desire is the seed in your heart. It's that expression of yourself as the Knower knowing what it is, knowing what. . .When we get in there and we recognize ourselves as the Knower, then the Knower reveals automatically the what it is that we came here to do -- unless, in memory, it's so cluttered that it needs a Drano experience from the Knower within to get the stuff out of the way. Trash it! Get rid of it. It's occupying so much space. And so you can't remember from the pure state of who are as the pure desire in your heart to be conscious.

The Thinker can be subcategorized into a trinity of thinking as follows:

The Observer, the Perceiver, and the Believer.

These are name that we give to the capacity of the Thinker, the action that the Thinker takes. You are the Thinker, and as the Thinker, you can put yourself in all three of those positions.

What would you consider to be the highest positions so that you don't muck up the memory? The Observer. Why do you think all the mystics then have been teaching? "Become the Observer, become neutral; step out of it; watch it." The highest position. Why? Because in the Observer position, there is no judgment. Great position to stay in. Almost impossible, though; have you observed?

And, as the Observer, you are empowered to perceive, and whatever you perceive automatically becomes a belief as you, as the Believer. And then we have all the religions that come up, because it's what they have perceived as the true nature of reality that becomes their belief. And whatever is their belief becomes their experience. Because whatsoever you believe will come to pass, if you have the faith as a grain of mustard seed. He didn't say "if you have faith in the negative or the positive". It's just faith. It's what you believe.

We've got some mixed up perceptions. I have a lot of perceptions inside of me. But, I've created it, and it exists. I can uncreate it; I can recreate it. I can change it with my mind, with my perception. But it's very real. I don't accept that it's an illusion. It is very real, but on some level, the life force has been shut down by a perception of the nature of reality.

The Holy Spirit interprets within us. It's the Interpreter. And so it brings pure perception. And pure perception gives rise to pure belief, and according to your belief, then, so it is. When you are in touch with something within your belief system that is causing you pain, my suggestion is that you don't try to fix it at that level. Take your mind off the pain and place the mind on the position first of all "Oh, my God, my belief." Move out of belief; don't even try to change belief. Step back one more. What did I perceive about the nature of reality about what is true of life and God and me that brought me into that belief that's causing me pain -- because if it's

causing me pain, it is a mind creation that I choose not to experience. I am not going to say it's not real.

My take is that I am stupid. I grew up feeling that I am stupid. It is probably the greatest blessing in my life that pushed me into the need to understand and to free myself of that energy that was creating havoc in my life. We all have all kinds of things that we do to protect ourselves from feeling those emotions that have been brought about by our misperceptions which have become a belief.

I am not stupid. You are so wise. You are the wisdom of God. You may not be aware of it, but you can't change that. You are still the wisdom of God, and you are the love of God, because God is love. And you may not feel it, but it's because a perception created a belief, and you have shut down the force. And when you shut down the force from the flow of the force, it makes your body sick. Your body is the last energetic field in this place, and it receives the download of the "As above, so below" of the mind. And it shuts the heart down. It shuts the organs down. You can't even function.

So think of yourself now as the Observer, the Perceiver, and the Believer. It's not *what* you observe, or *what* you perceive, or *what* you believe. You are THESE things. And that's what you can't change. You will always perceive; you will always believe; and you will always observe. And that's what you're looking for! Who am I? That's who I am! And you can never take that away from me, and you can never change that. And I can change in a moment what I observe and what I believe and what I perceive. That's when it gets fun. Because then you realize you have free will. But you don't have free will when it comes to an aspect of who you are and the nature of who you are.

The Feeler can be subcategorized into a trinity of feeling as follows: Now, this is critical, crucial. This is all you need. It's the key. This will unlock the Kingdom of Heaven within you.

The Feeler can be subcategorized into a trinity of feeling as **Peace, Love, and Joy**.

Peace, love and joy are the only true feelings of consciousness. They are the energetic components that function as creative principle. We are that. We are creative principle. How do I know this? How can I be so bold to say that these are the only three true energetic components of consciousness? I can tell you this because I've been there. I know. This is the truth. I'll tell you then how you can know. If you've ever had a deep, deep, deep meditation where your mind shut down completely, your thinking mind, what was your energetic experience? Pure peace.

The definitions of Love, Joy, and Peace have no opposites. There are no opposites. Peace, Love, and Joy in the absolute expression of God Mind as energetic experiences of the life force. Peace, Love, and Joy as who we are - are the most accessible energies of who we are. And if we start working at the level of peace, love, and joy, every other aspect of the nature of our being that is clogged from memory of who we are will clear. That's the gist of this course.

The Definition of Peace: Peace is the energetic frequency of God Mind as the stilled awareness of eternal life.

It's an energetic frequency. And when you start feeling the energy of God Mind, you'll love those words too. That is my experience when I am in the state beyond the thinking mind, when I am awake as the Knower within myself. It's just the stilled awareness. It's just awareness that's vibrating at the level of eternal life. That's all there is.

Love is the energetic component of God Mind at the center of all life magnetically attracting Divine Ideas into expression into a sea of infinite possibilities.

This is who you are. You are peace, you are love, and you are joy. That's who you are. Now, that magnetic attraction, that life force, when you are expressing the love vibration, because it is true to the nature of who you are, goes forth into this universe and somehow takes the matrix of the substance of all that is and begins to mold it into the image and the likeness of the Divine Idea of Love expressing through you. I don't know what form that would take. It depends on the seed of the desire in your heart of what you came here to give, to do, to be.

Joy is the energetic expression of peace and love experienced in consciousness as pure innocence.

Peace begets the love begets the joy. Joy is the expression of the infinite idea of love in God Mind resonating at the vibration of peace. Peace is at the center of all life. It is that stillness. And it's out of the stillness then that movement takes place, and love is a movement. Love flows. Peace is still. Love flows and draws. Charles Fillmore talked about it as being the magnet of attraction.

Everything now that we read is about returning to the vibration of the nature of your being. These three energies of the feeling self have no opposites. They are the energetic absolutes out of which the All is made manifest. Practice your presence as these components. They attract heaven into earth. They do!

So make it simple, do what you love that brings you joy, to find your peace, to have your hearts' desires unfold as the pure memory of your intuitive self. That's all there is to it. It is so easy. I would say that if you would practice this for 21 days, your life will totally change.

What has happened in the past is, the mind (in its fall) has identified with the thing is what brings me joy. The thing that we're doing that brings us joy is simply quickening the nature of joy within us. Joy really has nothing to do with the thing that you're doing. But, as above, so below. So, let's start with the below this time. So, instead of trying to start at the top to clear our consciousness, starting with the exalted spirit, which we can't reach because we're so clogged up, let's start at the bottom. And let's do something that brings us joy. Bubbles, kitties, etc.

This principle works. And when you're conscious of what you're doing, what happens is you realize that "I am activating the joy inside of me, and when I'm joyful, that's who I is" That's the real me, the pure joy, because I've felt it. I have felt being joy on occasion when it didn't matter what was going on in my life. I could feel love, and that joy is a derivative of that peace and love combined. So I know joy is the nature of my being. All I'm doing now is activating it

from the lowest level, because I can't seem to reach from deep within myself today to get it because "so and so" is going on in my life. That's a mind creation. It's still a God creation because it's from your mind, but it's not who you are. You are joy. You just are!

The ecstasy and the state of being that I am in my Observer position, as I observe my Knower self speaking, is incredible -- and the peace and the love and the joy that I sought for so many years. . . The thorn in your flesh will become your greatest gift. Just take it out and look at it. What is the burden that you're carrying that has the door locked to the Kingdom of Heaven within you? Know that it is the result of a mind creation, and it may or may not be totally yours, because you inherit six generations of mind creation, cellular. And if you don't believe that it's in your cells, and if you don't believe that you inherit it, get an organ transplant where all of a sudden a vegetarian wants a hot dog because she's got the heart or the liver of another individual. We inherit from our parents; our parents inherit from their parents, for six generations. So it may or may not be all of your "stuff", but, as below, so above, and as above, so below. Believe me, when you heal and when you shift that mind creation, and when you open up to that tunnel within you and you feel that mind creation, and when you open up to the tunnel within you, and you feel that vibration, you affect grandma. We are our bothers keeper. The sins of the father are visited unto the children, and beloved of grace of the children is visited upon the fathers. It just is because we are one.

The essence of the workshop is this: You're perfect. You are the Knower, the Thinker, and the Feeler. But *what* you know, *what* you think, and *what* you feel is your mind creation that has nothing to do with who you are. Nothing. It's who you think you are. And you can change your mind creation into a million different infinite possibilities of awareness, but you are the awareness that can have the awareness. Stop trying to find who you are and get on trying to open yourself more to that presence, so it feeds your soul of the seed of perfection within you that draws forth your contribution in expression, in the earth, so that you become a living, moving, creative being in alignment with the Divine Plan for your life. And the Divine Plan is threefold. Everyone has the same Divine Plan written in your heart. It's to know God as yourself, and to become a conscious co-creator, and to fulfill the mission and the purpose in your life that is written in your heart, the thing that you came to do. And the thing that you came to do is to know God as yourself, to become a conscious co-creator, and then there's that special ingredient, that something special that only you can give to the world.

And when we move out of the mind creation and just drop it, drop all mind creation from this moment on, something happens where we can open ourselves to the Presence of the present within you that you are here to give. And we do that, the simplest way to do it is to do what you love that brings you joy that activates the love that generates the peace, that opens that desire then to fulfill itself by its own nature because it's seeded within you. Every seed desires to become that which it already is. And in all of every moment of life is the experience of that becoming, but it's already there. So it's evolution, but it's not evolution. It takes time, but it has nothing to do with time. It already exists. It's the perfection and the individuation of the extension of God Mind as the idea for humankind in you individualized to give of your specialness. Every daisy, every blade of grass, every bird, every little kitty cat, you, me have

that something special to give. You wouldn't be here if it weren't for that, and you will not be happy until you do that.

The All is infinitely more than I AM in its creation, in its expressions of creation. And I am an individual expression of the All, Mind of God, right here, right now. And so I work with that aspect of myself as God. I am God, just as the leaf on the tree is God expressing. So I am both. I have access to all there is in God Mind of my Divine Idea of who I is. And, if we're created in the image and likeness of God, which we are, and God said, "Let there be", and God had all these Divine Ideas of the trees, land, sky, you and me, then in essence I am all of that too because I am created in the image and likeness of that, that I is.

The mystic will tell you in the cosmic experience of oneness, you become the tree. You become the grain of sand. You become the water and the ocean. You become the essence of the air, etc. All I am saying is that there's always more of who we are to experience, but *who* we are never changes.

I was always trying to change myself; change who I am. I was always looking for me, and I couldn't find me, because the one I was looking for was the one who was looking. I was there all the time.

The Built-Ins Of Consciousness, The Spiral Of The Return.

So, joy activates love. We are like a car battery. It is created and has the capacity to run. But sometimes it runs down, and so it takes another car battery to charge it. And so we are like reaching out to each other, and those who are quickened in the awareness of who we are, to plug in to remember, to get your charge back, and then you can remember who you are. That's all we're doing. You're already the Christ; you just need to remember that. So charge into whoever's battery is awake. It really works. A quickened guru will quicken that presence in you to the point that you'll never not know it again, because they're charged with the memory of who they are. And all they're doing is charging what you already know. The battery is fully charged underneath its dormant state. The light under the bushel is hidden right now, that's all. And it helps me to do something simple like to think when I can't remember myself as the love of God, "Oh, I am the Thinker. I am the Feeler. I am the Knower. I am Intuition. I am Memory." But all that I have gathered into my repertoire of abilities to use myself, maybe billions of ideas and things about life, they're still not who I am. That's my creation. That's all.

So, joy activates love; love activates peace; peace activates belief; belief activates perception; perception activates observation; observation activates desire; desire activates memory; and memory activates intuition. And the Feeler activates the Thinker. Get into true feeling, love joy, and peace. The Thinker activates the Knower and the Knower activates conscious awareness, and conscious awareness activates subconscious awareness, and on and on we go, all the way through the trinities.

The shriantra is composed of a series of triangles. And as I began to think on these things, I kept seeing in vision the shriantra is the symbol of the sound vibration that is made by the true nature of the life force within us of the OM. Some of you who have been in deep, deep meditation will

hear the OM. It's the sound vibration of the life itself. You can literally now put sand on top of a tray, and when the vibration of the OM comes forth from the yogi or from the nature of your being, it will shift the sand to form the symbol.

It's composed of seven triangles. And if you will take the trinities of being that are listed and put the first three, the absolutes, descending and the next four ascending, and take the fourth one, peace, love and joy, and turn it upside down descending, which is the shriantra, you will have this figure.

God has descended in creation as the Divine Idea for humankind. We are ascending in creation as the real-i-zation of that Divine Idea. It is interesting to note that in the fourth triangle of the shriantra, the fourth triangle in the ascending foursome, inverts itself to descending at the center of the equation. That triangle would be the peace, love and joy. That's the key to the return. WE can look at this as the sacred mystery unveiled as to the way of conscious awakening. This triangle represents the energetic components of consciousness as peace, love, and joy, the most accessible components of self. You know when you are in peace, when you're in love, and when you're in joy. You may not always be accessible as the Knower, but you know when you're feeling peace, love, and joy. And so that activates the dead battery.

Focused awareness from these energetic activities activates the all in every phase of our DNA, Divine Nature Attributes. And we return in conscious awareness to the pure state of being. This is of the greatest importance to the sincere seeker of remembered truth. The practice of peace, love, and joy quantum conscious awareness from evolution through law to awareness through grace. Because those vibrations are always true to the nature of reality of who you really are. And that's a magnetic field of love that attracts the Divine Blueprint of your matrix, of your whole self. It brings into being your experience of the seed. The seed becomes the tree and it bears fruit. It's really that simple. We have trying to make it so complicated!

If we're constantly trying to fix ourselves from the level of our creations, we are going to be miserable forever. That's why I am saying now, you have had enough analysis, enough therapy, enough Holy Spirit Regeneration, at the subconscious level of mind to know that you're life is a direct effect of your mind creation. But you cannot change what created that by trying to change the creation. You created that, and you're wanting to know YOU. We're not really wanting to make a change in the creation, we just think we do. You think, "Boy, I'll be happy as soon as I become a prosperous human being by understanding the laws of prosperity." Let me tell you, life gets a whole lot better, because I've been in both camps. But sitting there on top of my million bucks didn't make me happy. That won't make you happy. It will teach you more about yourself as a creator with the infinite Mind of God. You can change your creations. There's no reason for you to be in poverty whatsoever. None! It's an opulent universe.

And the law of attraction works like this: Whatever the mind focuses upon, God as creator multiplies. That is prosperity in a nutshell. And if you focus upon lack, you will get more lack, because God always deals with increase, always. If you want happiness, and you recognize that you are sad, and you keeping saying, "I don't want to be sad anymore," the mind hears "sad", it's focused on "sad", and you'll get more sadness, because God deals with the increase of the

focused awareness. That is mind creation in a nutshell. So you can have anything you want. It's that simple.

So treat yourself and change a few of your creations. It's real good for you to do that. It's just as simple as doing it, beloved. You can pick up yourself at the level of the mind creation and go on and keep experiencing what you are experiencing. Or you can say, "My God, I know who I am now, and I can create anything I want. And when my pattern of focus keeps coming up to me tomorrow, it says, "I feel unworthy." I can't tithe because there is not enough." You can say to that little thing, "Get thee behind me, Satan." You are a mind perception that I, through looking at my experience at what I have already created, keeps mirroring to myself. Follow thou I AM. It takes practice, but, just like anything else, what you practice in the change of your focus, like riding a bicycle, you will do it without any hands pretty soon, because you generate a new mind pattern of movement, and you take it off the focus of what you don't want. Believe me, if you focus on what you don't want, you'll get more of what you don't want. The universe always responds with more. That's the grace of God always. Abraham tapes are excellent material if you are really trying to work with mind creation and change your environment or your situation. But I will tell you, when you finally change everything, and everything is prosperous, you will still not be happy if you think THAT is who you are. You are what created that. And that is what your soul is always seeking for.

The Tree of the Knowledge of Good and Evil –

What is it that keeps us from remembering who we are? Choice at the level of judgment. It is that simple. Choice is always made at the level of the vibration of consciousness.

PART II

Judgment is the only sin or error of choice. There is no judgment in the Observer. There really is no judgment in the Perceiver. But the little conscious phase of mind that looks out at the creation, it judges. It looks out at the effects and what the mind has created now that it's being done unto you places judgment there. And the degree of the vibration of the level of judgment will create your experience of reality – not your reality, but your experience of reality, and there's a difference. Reality never changes. Reality is and are the principles of God. Reality is the nature of who you are. It never changes; the experience of that will constantly change according to your mind creation.

I think it's interesting that what has happened as we are awakening to the realization that we are creative beings. We are creative beings. We are always creating, we just haven't been aware of how that's happening. The story is given and the prediction is given in Genesis, that as a creator you had to understand the vibration of the thought processes going through you. The positive, loving ones create positive, loving return. The negative, unloving ones create The Tree of the Knowledge of Good and Evil. So God is saying to us, as Infinite Mind, in order to have a created world, mind must be able to build up and to tear down. That's it. Now, we've misunderstood that, and we've gone into judgment as to how as to right and wrong and good and evil and bad. But the Tree of the Knowledge of Good and Evil is the Tree of the Knowledge of Polarity of Mind Action in creation.

In Genesis 1:22, “So God created man in His own image, and the image of God created ??

3:22, And then the Lord God said, “Behold the man has become like one of us, knowing good and evil. And now least he put forth his hand and take also of the Tree of Life.”

So, as awakening created beings to our true nature as creators, we had to go through a process of understanding that with mind it can create both a negative and positive. But now, we have reached... Now we are here in the Book of Revelation, and it's very interesting that you don't hear anything about the Tree of the Knowledge of Good and Evil or the Tree of Life until you go to Book of Revelation. My premise is that when you start reading the Book of Revelation, it promises eternal life, there will be no suffering, there will be no more pain, there'll be no more death as we understand it, sickness will fade away, on and on it goes in reference to the Tree of Life. The Tree of Life is the flow of the life force at the center of all creation to fulfill itself. And as long as we hold ourselves open to the flow, then we will generate the regenerative energies of the Spirit, creating Heaven in the Earth and happiness and joy and eternal life, literally. We were never meant to go to the grave, killing each other and dying of disease.

Why have we created that? How has that happened?

Choice is made at the Level of Vibration. Let's look at how we've learned that we are conscious creators. Back to partaking of the Tree of the Knowledge of Good and Evil.

Hermetic Principles:

Everything is dual. Everything has a pole. Everything has its pair of opposites. Like and attract are the same, opposites are identical in nature, but different in degree, extremes meet.

As you look at life, you will be able to see each one of these true.

Choice is made at the level of Vibration.

Judgment: It's the only sin or error of choice. It's what makes us miserable.

The Created World in its polarized expression through this: In the world of polarities, we have both cold and hot. When we use measures to look at our world we have very little judgment there, quite frankly. Fast/Slow is not bad or good. It could be bad or good to the person experiencing... We can see how, if we're not careful, it's a bleak, cold day, judgment gets in there. And if we allow that judgment to make us miserable, it shuts down the life force, the flow. Judgment is the only sin and error of judgment. That's why Jesus came to say, “Judge not.” And we do it anyway.

When we get into the idea of conditions, we get a little more judgment there. Light and dark not so bad, but look what happens when we get into the condition of success or failure. And how much of our energy and depression and sadness and frustration and hopelessness is around what

we consider and judged as success versus failure. It's obvious why we're killing ourselves. It's obvious, because the only sin is judgment. And again, what is success? And what is failure? It's a matter of perception. We are the perceiver. To one failure is success, and to another success is failure. If you made a billion dollars and you never find yourself, and from my perception, you've failed. That's a judgment on my part. I need to step out of that. Or you strive all of your life to make money and you never have, that's a failure. No! It has nothing to do with who you are, and until you remember who you are...That's what you've been looking for all along. Then you know that if you want to succeed, that's a desire in your heart, the nature of God is abundance, then go for it. And if something shuts down, then say, "oh well. Big deal. I enjoyed doing whatever I did to close the door." Life is for living, not for judging. And not for taking our creations to be who we are.

Win or Lose: How much depression is expressed at a ball game when your team doesn't win?

Order and chaos: Conditions. We go berserk when things are in chaos. Teilhard said, "There is order in the disorder of things."

And when you get into the Hermetic Principle about the rhythms, the flow of life, there is always going to be the highs and the lows of life. Now if you allow that to swing and to sway you in to the vibration of the negative, you shut down the life force.

Look what happens when you get into the States of Being:

Rich and Poor. Well and Sick. Smart and Stupid. Happy and Sad. Virtues, Truthful and Dishonest. Is there a time to lie? Scripture: For everything there is a season. A time for every purpose under Heaven. Is there a time when lying is the most humane thing to do? Would you tell your child who had a pet that that pet was maimed and knarled and cut up by a tractor in a million pieces? You probably wouldn't to save the child some grief. There are times when we just need to not tell all the truth. The judgments that we put on those things and the energy that we put behind them. . . You're validated about not wanting to be lied to, but can you afford the energy that that thought, that perception creates in you? Because your charge on it is the focus of your attention, and wherever you focus your attention on will multiply. And you will have someone else tomorrow that will lie to you again.

The number one mirror in our book, Soular Reunion, is when we stop judging the other person, then what happens that we elevate that judgment and we have a real charge on anybody that would judge other people because we don't judge them anymore.

Let's say we don't steal. We used to steal or snitch. We don't do that anymore. Mirror number one, we don't like people who steal and we've stolen. But we don't do that anymore, but we can't stand people who steal. So that's elevated to the second mirror of your consciousness which says, now you have a charge on people who steal. So where is the focus? You'll get something robbed. That is the beauty of the laws of creation. They work! You cannot get around them.

Every thought carries its own vibration, every feeling, every emotion. That's where the choice is made. And you might suppress. . .You'll push that energy into the subliminal, subconscious, memory bank, and it will still vibrate. And it becomes the choice maker for you. And it will draw a situation equivalent to that vibration. We can't afford to do it anymore.

What do we do in that situation? You get your kitty cat and you go lay in the floor and you listen to it purr. And you get out your bubbles, and you remember your truth. Nothing is ever lost in Spirit, ever. The seed of the Divine Plan within you is seeking to unfold. Do you trust the wisdom in the seed or do you trust in what your mind perceives as a loss?

Everybody in your life is the greatest gift that has ever been offered you, no matter what they're doing to you. Because what they do will give you a barometer to measure where you are in your ability to remember the true nature of your being, which is love, joy, and peace. Anytime you step out of that nature, it locks the force. And you will create something equal to the measure of the energy that you are feeling. I know it's not easy. And I'm not there. But when you know the truth, you don't stay there and we don't carry what the fight was about into tomorrow. We get back to the nature of being. We can't afford not to love each other, because love is who we are. And I am so miserable when I am out of my focus of love, I cannot stand it anymore. The more you stay in that vibration, the easier it will be to go there. The more you stay in job, the easier it will be to go there, because it's a pattern. You are creating a new pattern of mind creation. You are creating a new focus. I can't even begin to tell you the joy that you will feel if you can be in joy!

Question: But there are things that need to be cleared away before you can get to that point, right?

Answer: No. You thought you'd healed that and it's come up again?

Question: Does the joy replace that?

Answer: Eventually. It is real difficult to change. It's going to be impossible for you to have the situation come up again your life and you not be completely cleared of all the energetic around that situation for you not to feel that emotion again. The more you practice the Presence of love and peace and joy... Whatever it is, you're going to have to force yourself in that moment to go do it. I put on some funky music and get on the rebounder and just feel that energy of depression and even anger leaving me. You're going to have to do something, but eventually it becomes a new pattern of being, a new way of being. And you, by practicing the Observer position, then you are able to call that up within yourself and go there. There is nothing more wonderful than being in a relationship to give you those opportunities.

The highest thing that we can do in any situation is to be the opposite of what is projected that we know is "wrong". There is right and wrong. It's the energy of the judgment about right and wrong that's killing us. So, always set the situation aright. Jesus did. He turned over the tables in the temple. He expressed even anger, I believe, to make a point. But just be aware of the energy, because choice is made at the level of vibration. When you are open to Spirit, you will be impulse to action from the highest movement that will serve the good in a situation always.

But when you are closed down to Spirit and you are into your “thing” and your charge and your judgment, you will always hit the situation at the very level of the situation, and nothing will happen but perpetuate more of it. That’s basic cosmic truth. It is simple. It’s not easy. It doesn’t change the truth.

The more value we place on right and wrong, the more energy is going to be locked in and the life force is going to eat us alive.

Mind Creation and Grace – Grace is the fulfillment of the law. You don’t step outside the law of creation, “thoughts held in mind, sowing, reaping, giving, receiving;”, but Grace fulfills the law that you always reap more good than you sow. That’s why Jesus kept giving the teachings, turn the other cheek, walk the extra mile. Do more good. Because what happens is grace always responds with more good, more good, more good. You never quite reap the harvest of your error, but you always reap more good than you sow.

Grace always deals with the increase of good through greater giving, says Ed Rabel. So the more giving that you give, the more loving that you love, the greater the gift in return.

Creation from this pentacle of consciousness draws forth the Divine Plan that is written in your heart. That’s because the life is flowing. It empowers you to create without effort or struggle. It heals and reveals, guides, and directs and sets you free to be.

Question: How do I activate Grace Consciousness?

1. Practice your presence as peace, love, and joy.
2. Judge not that ye experience not the judgment.
3. Remember I am the Knower, the Thinker, and the Feeler.
4. Let your awareness always assume the position of the Observer.
5. Look always at your heart’s desires as God’s ideas fulfilled.
6. Let your intentions always be pure in heart

One final trinity: Blessed are the pure in heart, for they shall see God.

The trinity, then, is let your intentions always be pure in heart. And, by the nature of who you are, they really will be. Just seek God in all things. Seek to be remembered in that love. And a pure heart intention, an intention for us now as a species, a pure heart intention is probably the energetic component that is going to push that rotor rooter through the subconscious level of memory as a collective. We are also carrying the collective, and you know that has a big influence on you. That will generate in you what I call an open heart, and heart being the seat of the subconscious, heart being that energy center of memory. It will open you to the awareness of your charges, your judgments. Don’t dwell there. Go play with your kitten. Don’t dwell there. And then an open heart will always lead to the expression of the pure heart as one heart.

This message is in the book, Dialogue on Awakening, not as an intellectual perception any longer, but as a knowing within you because it is true. I would encourage you to start a study

group in your home, church. Let this book be the impulse for the study and the support and watch yourselves break through into the awareness of the presence of God that you are.